



Courage Lesson Plan

Values Branch

Lesson Plans are designed to accompany the related Helps documents for each Step. Please refer to the resources in the appropriate Helps document found in the Leader Pages while you prepare your lesson.

The six "F"s are presented in a suggested order, but you are not required to complete them in that order. You may rearrange them as fits your troop's particular needs.

Necessary Resources



- Story of a courageous historical figure
- Blindfold
- Obstacles

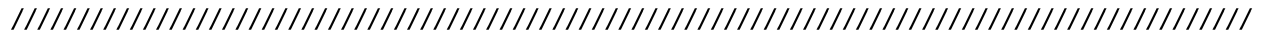


- Paper
- Pencils
- Blindfold



- Obstacles

FUN



Minefield

This game teaches Trailmen the value of communication and trust. It works best if you have a large area, indoor or outdoor. Set up a series of obstacles (chairs, tables, balls, etc.). Ask the group to pair off. Blindfold one boy in each pair. The blindfolded boy must make his way through the "minefield" by listening to his partner. The partner talks the blindfolded boy through the minefield, but he cannot enter the play area. If the blindfolded boy hits a "mine," he must return to the start. After every team has gone through, swap roles.

FOCUS



Definition of Courage

Learn the definition of courage: Courage is to conquer fear in order to do the right thing. (Webster's dictionary) Courage is the quality of mind or spirit that enables a person to face difficulty, danger or pain despite one's fears. Biblical courage relies on the power of God to strengthen and motivate the person to be courageous.

Talk about what this definition means for the Trailmen.



Standing Alone

What is Courage? How are you courageous in your life? Explain the concept of "standing alone." Have you ever stood alone on something you believe in? It takes a lot of courage to be able to do that, but you can have that courage with help from God. Learn why it is important to ask for help even when we are afraid to do that.



Showing Courage

Ask the Trailmen how they would describe courage and to give an example of how they could be courageous. Teach them the four principles of developing courage. How have you shown courage in your life? What do you do that is courageous at home? At school?

FINGERS



Courage Story

Learn about someone from history who has shown courage. How did they show courage? What did they do? Ask the boys how they can be more like this person by showing courage in their lives. Have the boys get in small groups and act out the scenario where this historical figure showed courage.



Definition

Give everybody a piece of paper and a pencil. Have them write their own definition of courage. When they have all come up with one, go around the room and have everybody recite their definition. If time allows, let each boy tell a story of when they were courageous.



FAITH (TRAIL GUIDE THOUGHTS)



Faith for Courage

Read the story of Shadrach, Meshach, and Abednego in Daniel 3:16-18. Talk about how they showed courage, even if it meant that they would die. They had faith in God and that gave them courage.

Pray with the Trailmen.



Obey God

Learn the story of Joshua and Caleb in Numbers 13-14. See how they stood alone even though everybody else wanted to stay safe and not obey God. They showed great courage doing this.

Pray with the Trailmen.



God is with Us

Read and discuss Deuteronomy 31:6-8. God will give us strength and courage. We do not need to fear because he will always be with us.

Pray with the Trailmen.

FAMILY



Courage at Home

Talk with your family about how you can show courage at home. What could you do better at home if you were more courageous?



Courageous Story

Find a story about courage from history. If you can, find a kids book about this story and read it with your family. What did this person do that took courage?



FOREST BADGE



By actively participating in this meeting, each Trailman earned the Courage Step on the Values Branch.



*Note: It is up to the Trail Guide to determine whether or not a Trailman was an active in the meeting. Even if he attended the meeting, you are not required to award him the Step if he did not participate.



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