



Our Faith and Values Lesson Plan

Values Branch

Lesson Plans are designed to accompany the related Helps documents for each Step. Please refer to the resources in the appropriate Helps document found in the Leader Pages while you prepare your lesson.

The six "F"s are presented in a suggested order, but you are not required to complete them in that order. You may rearrange them as fits your troop's particular needs.

Necessary Resources



- Coloring Page



- Bingo



- None

FUN



Me Too!

Begin by appointing one Trailman to stand in the center of the Patrol; Patrol members should be seated in chairs encircling him. The appointed Trailman begins the game by stating a fact about himself (“I like to play soccer”). The Trailmen in the Patrol who share the same interests stand and proclaim, “Me Too!” The Trailmen (including the appointed one) find another open chair to sit in. They may not sit in the chairs they just left or the one directly beside them. The Trailman left standing now goes to middle of the circle, states a fact about himself and the game proceeds in the same manner. Game can be ended at any point, depending on time constraints. Total game time should not exceed 15 minutes.



Avoid the Sharks

Put a few benches or mats in a marked-off area, indoors or outside. Tell the Foxes that the ground is the water, and it's full of sharks; the Foxes need to use the benches or mats to cross from one side to the other. This is easy enough, so make it a harder teamwork activity: Have them cross alphabetically. This will encourage them to discuss the correct order in which to cross. It will also have them working together to help one another over the benches or mats in the right order.



FOCUS



Faith

What is Faith? Faith is believing in something that you cannot see. Ask if any of the Trailmen have been to Jupiter. Now ask them if they think it is real. The same concept applies to God. We cannot see him, but we know he is real. Sometimes we need to have faith to do things that God tells us to do even though we don't think they will work. Tell the story of David and Goliath. David had to use a lot of faith to face Goliath.

*Avoid discussions of Holiday Characters such as Santa Claus, Easter Bunny, Tooth Fairy, etc.



God Knows

We need to have faith in God, even when things don't go according to our plan. God knows best and we need to trust that he wants what is best for us in our lives.

What is respect? How can you respect people in different areas of your life? Have the boys participate in a discussion about practical ways that they can show respect to people in their lives.



Forgiveness and the Golden Rule

Today's discussion is about forgiveness (Matthew 6:14-15.) Discuss the meaning of the word "forgive" as defined by Webster's dictionary: "to stop requiring payment." Post word and definition on a poster or board for the whole group to see.

Briefly (3-5 min) tell the story of Joseph as told in Genesis 37, 39-45. Consider using the Trailmen to act out the parts to provide a visual.

Joseph's brothers were jealous of him and sold him into slavery. Joseph ended up in Egypt where he eventually became an advisor of the Pharaoh. Many years later, his family was faced with a severe famine in their homeland. Joseph's family traveled to Egypt in search of food.

Joseph demonstrated great character by forgiving his brothers for the sins committed against him.

Learn about the Golden Rule. What is it and what does it mean? How does forgiveness illustrate this?

FINGERS



David and Goliath

Color a picture of David and Goliath or another story you picked (Do an online search of "David and Goliath coloring pages on the internet). Learn about how David had faith in God even when it seemed impossible to win. Act out the story.



Fruit of the Spirit Bingo

Do an online search and download "Fruit of the Spirit bingo". When a Trailman gets a "Bingo!" have him pick one of the "fruit of the spirit" covered and tell about how he shows this spirit in his life.



Share the Gospel

Practice sharing the gospel with others by sharing it with each other. Pair the boys up and have one boy share with the other the good news of Christ. Then, switch places.

FAITH (TRAIL GUIDE THOUGHTS)



Words

To understand that our words can either help or hurt (hinder) us and others. Proverbs 4:24 says that the words we use are important. Using kind words is a way to respect others.

Pray with the Trailmen.



Jesus Calms the Storm

Read Matthew 8:23-26. Discuss faith and how the disciples didn't have faith that Jesus would save them. You need to have faith like Jesus says.

Pray with the Trailmen.



Love Your Neighbor

When Jesus was asked what the greatest commandment was, He answered to love God with all your heart, soul, and mind, and to love your neighbor as yourself. (1 Corinthians 13:4-7) What does that mean? Discuss this concept with Mountain Lions.

Pray with the Trailmen.

FAMILY



Faith Discussion

Talk about faith with your parents.



Respect your family

Practice showing respect to your family at home. Treat them as you would want to be treated.



Forgiveness

Read and review Matthew 6:14-15. Discuss a time when you have needed forgiveness or been forgiven. Confess any current situations where you are struggling to forgive someone and commit to repent.

FOREST BADGE



By actively participating in this meeting, each Trailman earned the Our Faith and Values Step on the Values Branch.



*Note: It is up to the Trail Guide to determine whether or not a Trailman was an active in the meeting. Even if he attended the meeting, you are not required to award him the Step if he did not participate.

