



Our Faith and Values

Values Branch – Step 2

Purpose

The 'Our Faith' step provides a basic knowledge and understanding of what faith is and its practical application. Upon completion of this step Trailmen should understand how we can utilize our faith to serve and help others around us as well as the biblical foundation of lasting faith and the importance of placing one's faith in God who is trustworthy.

1. What is faith?
2. Why is it important to place our faith or trust in Jesus?
3. How does our faith affect our values?
4. Name some values we get from our faith.
5. Why is faith important to our system of values?
6. Find an instance in the Bible where a value is defined. Discuss it.

Notes to the Trail Guide //////////////////////////////////////

1. The goal is not for the boys to be experts at these topics, but to gain an increased knowledge and awareness of the Step.
2. Make it relative to your patrol.
3. Remember, these lessons should build from Fox to Hawk and from Hawk to Mountain Lion.
4. See the Leaders Guide for more information on Steps.

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Skills Progression

	<ol style="list-style-type: none">1. Learn about believing in something that we do not see.2. Importance of respect in our home.
	<ol style="list-style-type: none">1. Importance of putting our faith in God always, even when things don't go our way.2. Importance of showing respect in home, school, and places we go.
	<ol style="list-style-type: none">1. How do we grow in our faith and share our faith with others?2. Importance of showing respect to others. Learn the Golden Rule and how to apply it.

Helps

1. What is faith?

- a. **Goal:** To learn and think about Hebrews 11:1.
- b. **Lesson:** Faith is the confidence or trust in a person or thing that we don't see.
- c. **Examples:**
 - i. Pick and read a Bible story that focuses on a journey of faith. David is a great example, but many others could be used.
 - ii. David and Goliath, 1 Samuel 17:45-50 or 17:33 on. Read this story and **focus on David's** faith journey.
 - iii. In the definition of faith above, look and discuss the words: assurance and conviction. What do these words mean?
 - iv. Learn/memorize the definition of faith in Hebrews 11:1.
 - v. The outcome of our faith may not be what we want, but God knows what is best for us.
 - vi. Even though Trailmen are young they can do amazing things through faith as they live their life to bring glory to God.
 - vii. See Scripture Ideas for Fox, Hawk, and Mt. Lions.

2. Why is it important to place our faith or trust in Jesus?

- a. **Goal:** To be able to better understand the importance of placing our faith in Jesus who is eternal.
- b. **Lesson:** God is the Creator of all, who loves us and will never fail us.
- c. **Examples:**
 - i. Discuss: Who is the creator of all? (Colossians 1:16)
 - ii. Who will NEVER fail us? (Deuteronomy 31:6 KJV)
 - iii. Who loved us first? (1 John 4:19, Psalm 136)

3. How does our faith affect our values?

- a. **Goal:** We will understand better how to strengthen our faith in order to strengthen our values.
- b. **Lesson:** We can look to others who have gone before us to strengthen our faith.
- c. **Examples:**
 - i. Read some examples of faith in Hebrews 11. Think about ways to strengthen our faith.
 - ii. Hebrews 11
 1. 11:3, Faith in the Creator
 2. 11:7, Noah and the Ark
 3. 11:23, Story of Moses
 - iii. Strengthening our faith
 1. Philippians 4:13 (Ask God for strength)
 2. Proverbs 3:5 (Ask God for understanding)
 3. 2 Timothy 3:14-15 (Ask God for wisdom)

4. Name some values we get from our faith.

- a. **Goal:** To be able to name some values we get from our faith and focus on the value of RESPECT.
- b. **Lesson:** RESPECT
- c. **Examples:**
 - i. The Bible doesn't list a specific list like "12 Values of all Christians," but has many values weaved throughout God's Word like:
 1. Follow God's law (10 Commandments)
 2. Trust in God and put your faith in Him
 3. Repent of your sin
 4. Forgive others, be full of grace
 5. Treat others with kindness and unconditional love
 6. Serve other people
 7. Respect and value others
 - ii. Foxes: How can we respect our parents?
 1. Make a list of things we can do to show respect to our parents.
 2. When we respect our parents, we show respect to God.
 - iii. Hawks: How can we show respect to other boys in class? And our parents?
 1. Being helpful and encouraging.
 2. Being kind.
 3. Discuss ways to respect parents.
 - iv. Mt. Lions: How do we show respect to God?
 1. **The "Golden Rule"** – Do to others what you want them to do to you (Matthew 7:12).
 2. Discuss how the boys can make this part of their lives. Start today!

5. Why is faith important to our system of values?

- a. **Goal:** To understand that with our Christian faith we believe and accept **God's values as our own.**
- b. **Lesson:** God's values are based on God's never-changing Word.
- c. **Examples:**
 - i. Faith is important for our values, because God's word never changes. Man's values are based on whatever each *man* values, something we call relativism.
 - ii. For example, these days people can decide on their own truths. Someone could walk up to you today and say, "The sky is purple," and the world says, "That's true, the sky is purple *to him.*" The world says it is acceptable for this person to believe the sky is purple. We know that sky is blue. God created it to be that way. Just because someone decides they think the sky is purple, doesn't make it true. Christians have faith in Jesus Christ and God's Word. We can stand on God's Word as our solid foundation to know what is truth and what is valued.
 - iii. Another example for older Trailmen. Some people decide that a certain quality of life isn't worthy of living. For example, around the

world, babies are aborted for a variety of reasons. Some are serious health conditions that would cause the child to require medical help the rest of their lives. Some children are aborted because their **parents don't feel like they can take of a child in this condition.** Children may also be aborted simply because they are a girl or a boy and their parents wanted something else. These people do not have **a value for human life, all human life, no matter the person's condition.** Because Trailmen know that each human life was created by God in His image, we highly value and respect all human life, no matter what **the person's condition. This is a truth we highly value** that is directly related to our faith. We believe in a Heavenly Father, maker and creator of all the earth, who loves us so much that He sent God the Son to earth in the person of Jesus Christ to die for us and redeem us (win us back), so that we could live in a relationship with Him eternally! Our faith truly is reflected in our values! (Check out more on Trail Life USA's Respect Life program, visit the leader resource pages.)

6. Find an instance in the Bible where a value is defined. Discuss it.
 - a. **Goal:** To realize the Bible is filled of examples to base our values upon.
 - b. **Lesson:** **God's Word is the best place to find our source of value and our values.**
 - c. **Examples:**
 - i. Learning from the teachings of Jesus Christ, Trailmen can see important values to live by and walk in His footsteps.
 1. **Follow God's law (10 Commandments)**
 2. Trust in God and put your faith in Him
 3. Repent of your sin
 4. Forgive others, be full of grace
 5. Treat others with kindness and unconditional love
 6. Serve other people
 7. Respect and value others
 - ii. To understand that our words can either help or hurt (hinder) us and others. Proverbs 4:24 says that the words we use are important. (Look at **"Scripture Ideas"** page for development of **"our words"** by Woodlands level.)

Activity Ideas

- See the relevant patrol and branch section of the activities.
- Or, create your own activity relevant to your troop and region.
- Several ideas are listed below.
 - **Fox** – Color a picture of David and Goliath or another story you picked. Do an **online search of "David and Goliath coloring pages on the internet).** Act out the story

- Hawks/Mt. Lions – Learn the history of sling shots. Show how a natural fork sling shot is made. **Check out YouTube for “Make your own slingshot- natural slingshot fork selection”** or make slingshots in class to shoot at targets.
- Hawks/Mt. Lions - May want to get into a couple of groups and act out the story of David or pick a few boys who really want to act this story out, to do it for the rest of the class.
- **For “Our Words”** all groups might make a list (that can be added to during several meetings of the year) of good and encouraging words to display during meetings. Trail Guides might have a contest to see who uses these words the most. The boy will get a point only when another boy or the leader points out good words used by him.

Game Ideas

- Check the games section online for game ideas.
- Or, create a game that works for your patrol.
- Several ideas are listed below.
 - **Minefield** – This game teaches Trailmen the value of communication and faith or trust. It works best if you have a large area, indoor or outdoor. Set up a series of obstacles (chairs, tables, balls, etc.). Ask the group to pair off. Blindfold one boy in each pair. The blindfolded boy must make his way through the “minefield” by listening to his partner. The partner talks the blindfolded boy through the minefield, but he cannot enter the play area. If the blindfolded boy hits a “mine,” he must return to the start. After every team has gone through, swap roles.
 - **Fruit of the Spirit Bingo** – Do an online search and download “Fruit of the Spirit bingo”. When a Trailman gets a “Bingo!” have him pick one of the “fruit of the spirit” covered and tell about how he shows this spirit in his life.

Scripture

1 Samuel 17:45-47, David and Goliath

- Fox – David was a boy who had a strong faith in God. He did a big thing. Even though we are small we can do wonderful things through our faith. We do not see God but we **know that he is. We have faith that the following exist even though we can’t see them:** wind, smells, gravity, bacteria
- Hawk – David had older brothers, but he had been given the responsibility of protecting the family sheep from wild animals. Do you take your jobs seriously? David did an amazing thing—he had been given the job of slaying Goliath from God.
- Mt. Lion – Discuss these questions: How much faith do you have? Do you think you can be like David? How can I share my faith with others?
- **Learn this verse: [1Corinthians 10:31] “So, whether you eat or drink, or whatever you do, do all to the glory of God.”**

Other scriptures on Faith

Matthew 8:23-26, Jesus Calms the Storm

Matthew 17:20, If you Have Faith Like a Mustard Seed

Our Words – (control of mouth)

- Fox – Proverbs 16:24, Pleasant words are important: Thank You! You look nice! Let me help you!
- Hawk – Proverbs 15:4, **Our wholesome words are important, so let's think before we speak.**
- Mt. Lion – Proverbs 8:13, We are called to hate the things God hates. What are some good, clean uplifting words?

Websites

VIDEO: <https://youtu.be/LA-ruRpjHLs> "Make Your Own Slingshot," (Runtime 6:13) By SimpleShot Shooting Sports

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