



# Manners Lesson Plan

Life Skills Branch

Lesson Plans are designed to accompany the related Helps documents for each Step. Please refer to the resources in the appropriate Helps document found in the Leader Pages while you prepare your lesson.

The six "F"s are presented in a suggested order, but you are not required to complete them in that order. You may rearrange them as fits your troop's particular needs.

## Necessary Resources

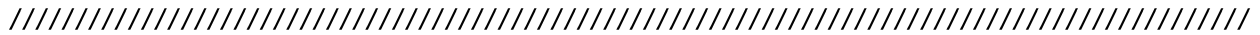


- Blindfold



- Place Settings
- Snack
- Blindfold

# FUN



## Blind Tag

Divide the Trailmen into teams (there are three roles). Blindfold two Trailmen and place them in locations not known to the other. Give the ball to one of the blindfolded Trailmen. The Trailman who can see guides the Trailman with the ball within range of other blindfolded Trailman. The object is to tag the other blindfolded Trailman with the ball.

*Take note of communication issues that occurred during the game and direct the Trailmen to do so, too.*

# FOCUS



## What Are Manners?

Learn what manners are and why we use them. A list is provided in the Helps document.



## Influence

People are always influenced by what you do. Even if you are not trying to influence someone, someone could be influenced. You should have good manners so that people who imitate you will also have good manners.



## Helping Others

Isn't it wonderful when someone helps you? You can make other people feel great when you help them. Even just doing a little thing can makes someone's day so much better. Sometimes people don't tell you exactly how they need help, but you know something is not right. Sometimes you can just give them courtesy and they will be thankful. Discuss courtesy with the Trailmen.

# FINGERS



## Conversations

Set Fox Patrol into pairs. As the Trail Guide reads questions, each boy repeats the question to his buddy and learns his buddy's answer. Each boy then shares his buddy's answer with the group. Or, alternatively, the Trail Guide can ask the boys to find a boy in the group with the same favorite pizza topping, animal, color, etc.

**Suggested Questions:** These questions will help get you started.

Trial Guide: Feel free to add to this list or make up your own!

- What is your name (first and last)?
- When is your birthday?
- Who lives at your house?
- What is your favorite food?
- What is your favorite sport or game?
- What is your favorite animal?
- What is your favorite TV show?
- What is your favorite movie?
- What is your favorite thing about school?
- What is your favorite pizza topping?
- What is your favorite holiday?
- What do you want to be when you grow up?

## Suggested Reflection Questions:

### Social Skills:

- What did you learn about your partner?
- Why is it important to face your teammate when talking to him or her?
- How does it make you feel when a person is listening to you?
- How would you feel if you were talking and the person did not listen?

### Personal Skills:

- Why is it important to get to know other people?
  - What can we learn from others?
- 



### Strengths

Divide the Trailmen into small groups. Allow the Trailmen time to create a movement or gesture to symbolize one of their strengths (e.g., throwing a baseball). Stand the Trailmen in a line. The first Trailmen performs his move, then the second Trailmen performs the first move, then his own, and so on.

Show the Trailmen that everyone has talents. You shouldn't make fun of people. Instead, you should complement them on what they do well.

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### Set a Table

Learn how to set a table. Learn where the plate goes and where the silverware goes. This is a very useful skill to know. Also, learn some table manners, like putting the napkin in your lap, keeping your elbows off the table, and chewing with your mouth closed. Have the Trailmen practice setting a table. Then, provide a snack and have them use proper table manners while eating. Make sure they are polite and courteous at the table too.

# FAITH (TRAIL GUIDE THOUGHTS)



## Friends

End with a prayer. You may compose your own prayer, ask a parent or boy to close in prayer, or use the sample prayer below.

“Father, help me to be like a refreshing cup of cold water on a hot summer’s day to the friends you’ve given me. May I contribute encouragement, comfort, wisdom, accountability, and loyalty to our friendships. Help me to reserve judgment and faithfully pray for my friends as we walk together, heart to heart and hand in hand. Amen.”

Pray with the Trailmen.



## Family Strengths

Read and discuss Exodus 20:12. By using our strengths and contributing to our family, we are serving others and honoring our families.

Pray with the Trailmen.



## Conflict

Read and discuss Hebrews 12:14 and Romans 12:18. God desires for us not to create conflict with others and to try to answer conflict with peace.

Pray with the Trailmen.

# FAMILY



## Help at Home

Talk with your family ways you can help at home.

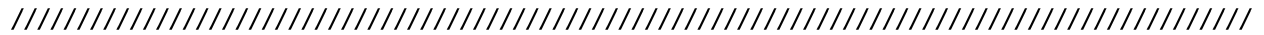


## Family Strengths

Play a game with your family. Each family member writes down a personal strength or favorite activity on a slip of paper. Fold the papers and place them in a hat. Draw one at a time and try to guess which family member it is.



# FOREST BADGE



By actively participating in this meeting, each Trailman earned the Manners Step on the Life Skills Branch.



\*Note: It is up to the Trail Guide to determine whether or not a Trailman was an active in the meeting. Even if he attended the meeting, you are not required to award him the Step if he did not participate.

