



Manners

Life Skills – Step 6

Purpose

Manners play an important role in everyday life. They govern how to behave in public and private. They teach us to be considerate of others and how to act in various situations. The "Manners" Step teaches how to consider others better than ourselves (Phil 2:3).

1. What are good manners? Why are they important?
2. What are some manners that are important for Trailmen to practice?
3. How is a table properly set? How should you behave during meals?
4. How can we help others in our normal life?
5. When should you write a thank you note?

Notes to the Trail Guide //////////////////////////////////////

1. The goal is not for the boys to be experts at these skills, but to gain an increased knowledge and awareness of the skills of this Step.
2. Make it relative to your patrol.
3. Remember, these lessons should build from Fox to Hawk and from Hawk to Mountain Lion.
4. See the Leaders Guide for more information on Steps.

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Skills Progression

	<ol style="list-style-type: none">1. Define manners2. Addressing others with respect3. Saying please and thank you4. Helping at home
	<ol style="list-style-type: none">1. Understand others are influenced by what you do2. Helping others3. Encourage others and do not make fun of others
	<ol style="list-style-type: none">1. Courtesy2. Being pro-active in helping others3. Setting a table and table manners

Helps

1. What are good manners? Why are they important?
 - a. **Goal:** To understand the purpose of manners and etiquette.
 - b. **Lesson:** Define manners and etiquette.
 - c. **Examples:**
 - i. Manners help others feel comfortable.
 - ii. Manners help us know how to act.
 - iii. People are watching you. When you wear the uniform of a Trailman you are representing ALL Trailmen. When you are not in uniform, you must still act properly.
 - iv. When you make poor decisions, you influence others to make similar poor decisions, whether that was your intent or not.
 - v. When you make wise decisions or when you put the needs of others in front of your own, others see that.

2. What are some manners that are important for Trailmen to practice?
 - a. **Goal:** To understand the importance of good manners and the damage bad manners can cause.
 - b. **Lesson:** Make a list of good manners and bad manners; comment on how they affect you and others.
 - c. **Examples:** Good Manners
 - i. Saying please and thank you
 - ii. Don't interrupt others' conversations; say excuse me if it is important
 - iii. Don't criticize or complain unnecessarily
 - iv. Be polite to others; don't comment on physical characteristics (like size)
 - v. When at a friend's house, thank his parents for having you over
 - vi. Write thank you notes
 - vii. Open the door for others
 - viii. Picking up after yourself
 - ix. Table manners
 - x. Saying "sir" or "ma'am"
 - xi. Think of others first
 - d. **Examples:** Bad Manners
 - i. Talking with your mouth full
 - ii. Burping/farting out loud
 - iii. Talking bad about someone
 - iv. Laughing when someone falls or gets hurt
 - v. Being loud or interrupting at the table

3. How is a table properly set? How should you behave during meals?
 - a. **Goal:** To understand how to properly set a table and behave during meals.
 - b. **Lesson:** Practice setting a table. Practice good manners during a meal.
 - c. **Examples:**
 - i. See image below.

4. How can we help others in our normal life?
 - a. **Goal:** To learn to put others first.
 - b. **Lesson:** List a few ways we can help others.
 - c. **Examples:**
 - i. Chores at home
 - ii. Opening the door
 - iii. Helping someone who has dropped something
 - iv. Help someone carry something
 - v. Help a sibling with homework
 - vi. Help your dad fix the car, hand him tools
 - d. **Example Activity:**
 - i. Help Someone (Activity)
 1. Stage a person outside your room who has "dropped" papers or crayons.
 2. Have boys leave room to go to another activity.
 3. See who helps pick up the dropped items.

5. When should you write a thank you note?
 - a. **Goal:** To understand how and when to write a thank you note.
 - b. **Lesson:** Write a thank you note to your Ranger, Troopmaster, pastor, or teacher.
 - c. **Examples:**
 - i. See examples below.

Activity Ideas

- See the relevant patrol and branch section of the activities.
- Or, create your own activity relevant to your troop and region.
- Several ideas are listed above in the Helps section.

Game ideas

- Check the games section online for game ideas.
- Or, create a game that works for your patrol.
- Several ideas are listed below.
 - **Manners Bingo**

To create custom cards see a website like:

<http://print-bingo.com/bingo-cards-custom.php>

<http://www.buzzbuzzbingo.com/customize/22652>.

There is a fee to produce more than 2 cards.

Sample list of BINGO squares:

<ul style="list-style-type: none"> ▪ Say please ▪ Say thank you 	<ul style="list-style-type: none"> ▪ Don't interrupt others ▪ Say excuse me
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- Don't criticize
- Be polite
- Complement others
- Write thank you notes
- Open the door for others
 - Picking up after yourself
 - Set the table
 - Table manners
 - Say "sir" or "ma'am"
 - Think of others first
 - Don't use bad language
 - Don't brag
 - Return borrowed items in good shape
 - Treat others like you want to be treated
 - Say I'm sorry
 - Keep your elbows off the table
 - Chew with your mouth closed
 - Ask to be excused before leaving the table
 - Clean up your mess
 - Be quiet in the library
 - Respect leaders
 - Honor your parents
 - Be on time
- Respect strangers in public
 - Napkin in lap
- Be a good sport
- Trash your trash
- Be patient
- Wait your turn
- Share
- Cover your mouth when coughing
- Chew with your mouth closed
- Wash your hands before eating
- Say "yes" not "yeah"
- Don't stuff your mouth
- Cut your food into bite sizes
- Don't talk with food in your mouth
- Chew gum with a closed mouth
- Thank your host
- Thank your parents
- Give your seat to the elderly
- Help others
- Do not gossip
- Make eye contact when talking

o Role Playing

Role play the following situations. . . .

- Two Trailmen are sitting at a table coloring. One Trailman needs a crayon that is out of his reach. It is within the reach of the other Trailman. What should the first Trailman say to the other Trailman nearest the crayons? (Choose two Trailmen to act this out.)
- The Trailmen are in line at the drinking fountain. Another Trailman asks the second Trailman **in line to let him have "cuts" in line.** What should that second Trailman in line do? (As many Trailmen may role-play this activity as the Trail Guide desires).
- The Trail Guide is giving directions and one Trailman in the class has a question to ask about the directions being given. What should that Trailman do?

- Return to the starting line (in rare cases)
- A common alternative gameplay is for the "Trail Guide" (who can be facing the children) to begin each child's turn by issuing the instruction to be carried out. The child must reply, "Trail Guide, may I?" before carrying out the order, to which Trail Guide always consents. However, if the child omits to ask permission he or she is required to go back to the start. Foxes who have advanced a long way towards the goal are thus brought to ruin; instructions to go backwards must also be asked for lest a worse fate awaits. The art to being a good Trail Guide is to bring everyone as equally as possible.

Scripture

Luke 6:31

- Fox - Treat others as you want to be treated. Golden rule.
- Hawk - Don't be mean because someone is mean to you. Behave toward other like you want to be treated regardless of how they treat you.
- Mt. Lion - Treat others as you want to be treated. Be an encourager, helper, good friend.

1 Corinthians 15:33

- Fox - Choose good friends.
- Hawk - Choose good friends.
- Mt. Lion - Choose friends wisely.

Ephesians 4:29

- Fox - Be careful little mouth what you say. (Song)
- Hawk - Use your words to help, not hurt.
- Mt. Lion - Think before you speak to make sure your words are pure and encouraging.

Romans 12:10

- Fox - Treat others like it's their birthday.
- Hawk - Honor and love others by serving them.
- Mt. Lion - Honor and love others by serving them. Love is an action, not a feeling.

Philippians 2:3

- Fox - Think of others before thinking of yourself. Examples: What would Johnny like to do? What would Emery like to play with?
- Hawk - Think of others before thinking of yourself. Example: I like to play Connect Four, but Joe likes checkers better; I'll ask Joe to play checkers.
- Mt. Lion - Think of others before thinking of yourself. Examples: Jonah is bad at casting a fishing rod; I'll help him without showing off or shaming him.

1 Corinthians 13:4-5

- Fox - Loving someone is a lot more than saying "I love you".
- Hawk - Loving someone is a lot more than saying "I love you". Be compassionate toward others.
- Mt. Lion - To love others you must be patient, kind, courteous, selfless, and good-natured.

Titus 3:2

- Fox - Don't call other bad names, don't fight, be kind toward one another.
- Hawk - Having good manners is respecting and honoring others.
- Mt. Lion - Having good manners is respecting and honoring others. Speak well of others, even when they don't know you are.

Trailman Manners

J V C W V O G G W P R P H K O O U Y T E R A H S
I K H A K Z E U O O U X O T K O M E R U M B I Q
Y E E I X O O J M O L N H L Y Q F S O R H U R U
L D E T T W D A L U D E C K I M R S P L E A S E
U V R Y J C B N F U R L N T A T O I S Y C V P G
T L F O L F E P I S F A A N U E E R D J Y C M U
N Q U U H O L P F K H T N N A A T V O T I O O D
E T L R W E C I S T L E C L G J L B O F X P T L
I S Y T H Q R C H E R D P E A U F N G E I M F X
T V E U A S I N J S R R V V P H A Y R R O S M I
A Q Z R T P R S A P L J R I H S N G S C U B L F
P X T N L C T P X A L Q S O B Z E E E Z U L F X
L O Y T X H U J P T O N N X R R Z R M M Y J D I
J Q W T K Q B F F T A O H L J V J Y T E V B Z V
B A O A X L Q G N I R E F C F R H I O Z U Q F H
E X C U S E M E Z A R O V X T N E M E L P M O C

CHEERFUL
COMPLEMENT
EXCUSE ME
GOOD LANGUAGE
GOODSPORT
HELPFUL
HONOR

IM SORRY
KIND
MANNERS
OTHERS FIRST
PATIENT
PLEASE
POLITE

PUNCTUAL
RESPECT
RESPECTFUL
SHARE
THANK YOU
WAIT YOUR TURN
YES SIR

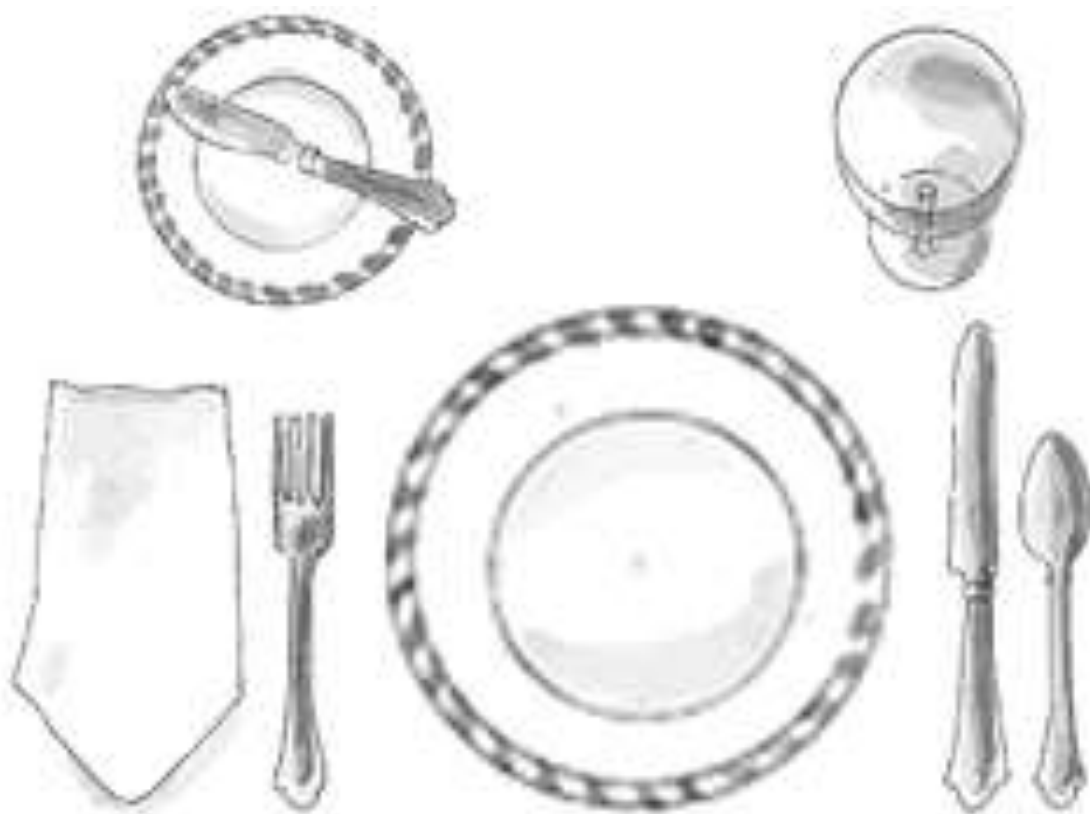


Image 1

B	I	N	G	O
Obey	Excuse Me	Welcome	Kindness	Patience
Listen	Recycle	Wait your turn	Caring	Accept Others
Please	Honest	FREE	Golden Rule	Help Others
Good Manners	Thank you	Honest	Sorry	After You
Golden Rule	Love	Respect	Sorry	Sharing

This bingo card was created randomly from a total of 24 events.

Accept Others, After You, Caring, Excuse Me, Golden Rule, Golden Rule, Good Manners, Help Others, Honest, Honest, Kindness, Listen, Love, Obey, Patience, Please, Recycle, Respect, Sharing, Sorry, Sorry, Thank you, Wait your turn, Welcome.

Websites/References

Image Credits

- Image 1 <http://emilypost.com/advice/table-setting-guides/>
- Image 2 <http://www.buzzbuzzbingo.com/play/46158>

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