



General Hobbies Lesson Plan

Hobbies Branch

Lesson Plans are designed to accompany the related Helps documents for each Step. Please refer to the resources in the appropriate Helps document found in the Leader Pages while you prepare your lesson.

The six "F"s are presented in a suggested order, but you are not required to complete them in that order. You may rearrange them as fits your troop's particular needs.

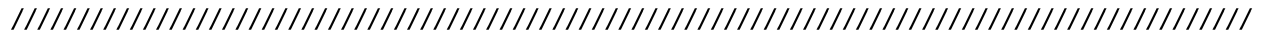
Necessary Resources



- Two Ropes (for Fun Activity)
- Necessary Equipment Based on Chosen Hobby



FUN



Jump the Creek

To play, you have to set up the creek. You do this by placing two jump ropes, on the ground, about a foot apart.



Players take turns trying to jump over the creek. If they land on or in the middle of the jump rope—the creek—they're out.

When everyone has jumped once, move the ropes about another foot apart.



The person who is able to jump the farthest without falling into the creek is the winner.

FOCUS



List of Hobbies

What do you like to do? Have everyone name something they like to do in their free time. Look at a list of hobbies (one is provided in the Helps document). Have the Trailmen point out the ones they have heard of. You may find that some things you did already are actually hobbies!



Hobby Categories

Discuss how having a hobby helps to make you a more interesting person and gives you something to talk about with other. Hobbies help you avoid feeling bored. Learning something new is always good for keeping your mind and body active.

Discuss inside hobbies and outside hobbies. Explain that it is okay to have different hobbies, multiple hobbies and that one should always follow safety rules when participating in any hobby.



Learn a Hobby

Today's discussion is about the value of finding an interesting hobby. A hobby is a good way to challenge your mind while you are having fun. You can also connect with others interested in your same hobby, which will build your social and life skills.

Discuss the basics of your chosen hobby. You may also consider presenting a few different options for the Trailmen to choose from. You can conduct an interest survey at a prior meeting, or find several adults to help you divide the Patrol up based on interests the night of your meeting.

FINGERS



Try a New Hobby

Have the Trailmen pick a hobby that they want to explore at this meeting beforehand. Encourage them to choose one that they have not tried before. There is a list of hobbies in the Help document, but you may choose any hobby you like. Provide the necessary materials, or have each boy bring his own materials, depending upon the hobby.



Do your Hobby

Give the Trailmen the necessary supplies for their hobbies and allow them time to explore their selected interests. You may consider preparing in advance and asking the Trailmen to bring their own supplies or asking for donations to cut down on Troop spending.



FAITH (TRAIL GUIDE THOUGHTS)



Prayer of Thanks

Lord God, when You created the universe You blessed us with many living things. We thank You for giving us which bring us so much joy to our lives. May our hobbies and interests continue to give us joy and remind us of Your love. Amen.



Thanks

God has given us many things to appreciate and enjoy. During the closing prayer, thank God for these things. Thank Him for our different hobbies and interests. Tell Him how much we appreciate our gifts and abilities.

Pray with the Trailmen.



Free Time

Read and discuss Philippians 4:8. Relate this to the importance of giving your mind something pure to occupy itself with. A hobby can be a positive way to engage your mind and occupy your free time.

Pray with the Trailmen.

FAMILY



Book

As a family explore a new hobby. Read a book or watch a video about any new hobby that interests the whole family. At the next Patrol meeting, explain what you found and what steps your family took to investigate this new hobby or start the new hobby.



Family Hobby

Discuss different hobbies that your family participates in. Is there a hobby you all share an interest in? Is there a hobby you can take up as a family? List some hobbies that are uncommon. Encourage each family member to have his or her own hobby to encourage individual identity and solitary time.

FOREST BADGE



By actively participating in this meeting, each Trailman earned the General Hobbies Step on the Hobbies Branch.



*Note: It is up to the Trail Guide to determine whether or not a Trailman was an active in the meeting. Even if he attended the meeting, you are not required to award him the Step if he did not participate.

