



General Hobbies

Hobbies Branch – Step 1

Purpose

The 'General Hobbies' Step provides a basic knowledge of the wide variety of hobbies and types of hobbies that exist. Upon completion of this step Trailmen should understand what a hobby is and become exposed to new hobby ideas they may find interesting. This step identifies the remaining steps for this branch based upon the collective interest of the patrol.

- 1) What is a hobby?
- 2) What are some different types (categories) of hobbies?
- 3) What are several examples of hobbies from each category (Indoor, Outdoor, Collection, Competition, & Observation)?
- 4) What two (2) hobbies does your patrol wish to explore at future meetings?
- 5) What one (1) hobby does your patrol wish to explore on a Hit the Trail?




Notes to the Trail Guide

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1. The goal is not for the boys to be experts at these hobbies, but to gain an increased exposure, knowledge, and awareness of the different hobbies that exist.
2. Make it relative to your patrol.
3. Because the Hobbies branch is a bit unique in that it is nearly entirely elective, you may choose to repeat the same hobbies and build progressively from Fox to Hawk and from Hawk to Mountain Lion, OR you may decide to choose different hobbies for each level that best matches their interests.
4. See the Leaders Guide for more information on Steps.

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Skills Progression

	<ol style="list-style-type: none">1. Ask what do they like to do for fun2. Review the list of hobbies and have them pick the ones they know something about
	<ol style="list-style-type: none">1. Talk about the difference in individual one-person hobbies and those that are done as a group2. Talk about the different types and categories of hobbies.3. Encourage the boys to pick a hobby to explore that they have not previously participated in
	<ol style="list-style-type: none">1. Put the brainstorming on the boys to develop a large list of hobbies2. Pick some hobbies off the list that they may not have thought of.3. Encourage exploration of hobbies that may develop skills that would be useful in other aspects of life and later in Trail Life.

Helps

1. What is a hobby?
 - a. **Goal:** To understand the definition of hobby and what separates a hobby from a chore, job, or duty.
 - b. **Lesson:** A hobby is “an activity or interest pursued for pleasure or relaxation and not as a main occupation.” – Dictionary.com
 - c. **Examples:** See Example Table

2. What are some different types (categories) of hobbies?
 - a. **Goal:** To understand that hobbies vary in scope and complexity.
 - b. **Lesson:** Hobbies can be similar in nature but appeal to different interest.
 - c. **Examples**
 - i. Indoors / Casual
 - ii. Outdoors
 - iii. Collections
 - iv. Competitions
 - v. Observations

3. What are several examples of hobbies from each category (Indoor, Outdoor, Collection, Competition, & Observation)?
 - a. **Goal:** To understand how different hobbies relate.
 - b. **Lesson:** Hobbies of a common type may use the same environment, skills, equipment, or materials, but with a different purpose. Some hobbies may fit in more than one category.
 - c. **Examples:** (see chart below for full example list)
 - i. Indoors / Casual – Dancing, Cooking, Drawing
 - ii. Outdoors – Fishing, Kayaking, Beekeeping
 - iii. Collections – Stamps, Coins, Antiques
 - iv. Competitions – Chess, Bowling, Archery
 - v. Observations – Bird Watching, Astronomy, Photography

4. What two (2) hobbies does your patrol wish to explore at future meetings?
 - a. **Goal:** To survey the interest of the boys in the patrol and plan future elective hobby steps based on these interests.
 - b. **Lesson:** Everyone has different interests and find different hobbies appealing. Learning a new hobby with your friends can be fun and exciting.
 - c. **Examples:** See Example Table

5. What one (1) hobby does your patrol wish to explore on a Hit the Trail?
- a. **Goal:** To brainstorm what hobby of interest would make a fun field trip or activity outside of a normal meeting.
 - b. **Lesson:** There are many opportunities to practice hobbies in your community.
 - c. **Examples:**
 - i. Drawing - Visit an art studio or museum or even painting class.
 - ii. Fishing - Go on a fishing trip to a local pond or lake.
 - iii. Antique Collections - Attend an antique car show.
 - iv. Bowling - Go to the bowling alley.
 - v. Photography - Take pictures of your favorite places in your community and produce them into a slideshow or collage.

Activity Ideas

- When picking hobbies to explore, have everyone present to the group about their favorite hobby and why it is their favorite.
- Trail Guides can bring in some items from their favorite hobbies to show the patrol.

Game Ideas

- This General Hobbies Step is intended to be kept short so that the majority of the meeting time can be spent actually learning about the chosen hobbies.

Scripture

1 Corinthians 10:31

- Fox – God wants us to do our best.
- Hawk – We should spend our time on things that glorify God.
- Mt Lion – God gives us talents, time, and resources. We should use them to the best of our ability to glorify Him.

Ecclesiastes 9:10

- Fox – God wants us to do our best.
- Hawk – You only live once so give it your all.
- Mt Lion – God gives us one life to make a choice to follow him or follow sin. We should passionately follow Christ.

Ecclesiastes 2:24-26

- Fox – God wants us find enjoyment in life.

- Hawk – We will find more enjoyment in the long run by choosing activities and actions that please God.
- Mt Lion – When we seek to honor God, we will find peace and enjoyment, while those that seek sin will struggle.

Ecclesiastes 3:1

- Fox – There is a time for work, play, rest, and worship.
- Hawk – Hobbies are intended for spare time and shouldn't take away from responsibilities.
- Mt Lion – Hobbies can develop into addictions and begin to consume **one's** life. We must prioritize our time and resources.

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